

# Providing Children Agency

We often say that children are capable but then restrict their opportunities to demonstrate just how capable they are by not including their voices. Below are some suggestions on how to include children in your service decisions. These opportunities not only empower children to become active participants but also are full of meaningful learning opportunities.



## Menu Planning

From choosing the recipes to sourcing and preparing the food children can have agency in their meal times



## Events

Children can be involved in decisions around planning and preparing for events



## Excursions

Ask children where they would like to visit and get them involved in the planning and risk assessments



## Room Layout

If considering a change of layout give the children a voice in what they would like to see



## Program Content

Ask the children what they would like to learn about or discuss when it comes to projects and group times



## QIP Goals

Involve the children in discussions around QIP goals and give them a voice in service decisions