

Embedding Indigenous Culture

There are many ways to bring Indigenous culture into different aspects of your curriculum



Cooking

Use traditional recipes and methods with the children while including the many benefits of cooking with children.



Gardening

Plant some bush tucker plants in your garden and explore how to care for the land while nurturing sustainable practices.

www.rare.support



Movement

Explore traditional games to combine movement and culture together (search the web for 'Indigenous games')



Music

Consider using Indigenous music for rest time and dance, make instruments or explore different songs.



Art

Explore different styles of Indigenous art (not just dot painting) and how paints are made with natural resources.



Literacy

There are many Dreaming stories that connect local landmarks with literacy, plus the use of symbols to communicate.