

Learning Outcome 3

Children have a strong sense of wellbeing

Ways to identify Learning Outcome 3 in the program and routine

Be a role model for children

Build relationships to support children

Understand physical development is crucial for school readiness to be able to sit at a table and hold a pencil

Children know their feelings are important

Outdoor play is valued and supported by all educators

Children have physical development opportunities in most activities

Children can take risks in their physical development

Children recognise other's emotions

Health is discussed through play and meal times

Children feel strong and capable

Children grow and eat their own healthy foods

Children express feelings

Children develop their fine motor skills regularly

Physical activity is supported in play, not just planned activities