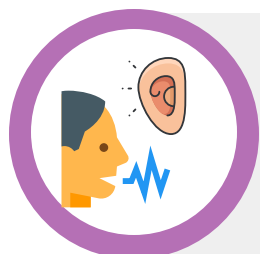


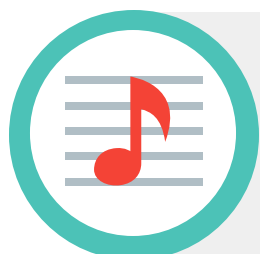
# The benefits of music play

Music offers many benefits for children. It is important that there are a range of different types of music, different songs, different ways children experience music. Singing is important to do with children you can emphasise elements and it supports relationships with children.



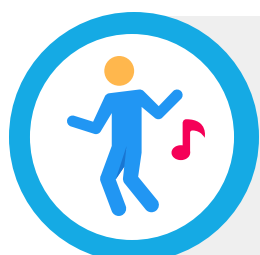
## Language concepts

Through songs children can learn about rhyme, rhythm (patterns), tempo (speed), dynamics (volume), pitch (high or low). All of these aspects are important to verbal communication and develop hearing skills and children are exposed to, and identify, these different aspects.



## Literacy concepts

Written music allows children to engage with literary concepts that can be transferred to reading. Music has symbols that represent meaning, like text does. Music also has letters applied to the notes which can support children to become familiar with letters in meaningful ways.



## Movement

Children enjoy moving to music and this can be free dancing, finger rhymes, movement songs etc. These different types of movement support children to develop their fine and gross motor control and strength. Vary songs and music types to encourage different movements.



## Relaxing

Music can be soothing to children and calm them down, it can also encourage children to make big movements that releases energy and helps regulate children to calm them down. Singing to children can also strengthen attachments which minimises stress and anxiety.



## Exploring concepts

There are so many different songs and many of them support children to learn new concepts e.g. counting, science, classifying etc. Another great way to explore concepts with children through music is to create songs, modifying known songs, with the children based on their knowledge.