

What's it all about?

Definition

Critical reflection is about thinking deeply about all of your practices, what works, what doesn't work, what is meeting the needs of stakeholders, what isn't. It is about exploring your options and identifying what is going to be best for your context to support improved practices.



What it is not

Critical reflection is not finding a way to justify what you would like to do, nor is it just looking back on practices and explaining them.



Critical reflection



NQF 

NQS -

1.2.3 - Critical reflection.
Exceeding theme 2

Learning

Framework -

Principle -
Ongoing learning and critical reflection

How to achieve it



Takes cues from the children as to what works for them and what doesn't and discuss and reflect on ways you can support each child through your practices.



When you attend training or see something online about someone else's practices reflect on whether this aligns with your values and the needs of your stakeholders instead of just panic adding it to your service.



Do your own research on what the requirements are, what best practice is, different ways you can achieve success.



Involve different stakeholders in your reflections to make sure that you are being inclusive and respectful of everyone's needs.