

Learning opportunities

This information can help guide an awareness of possible learning that might occur during these experiences. This is not a complete list and learning will depend on how children engage, and how educators respond to this. Please note all experiences should be offered to children, not required of them, to support agency and positive relationships with children.

Menu reviews

Potential learning opportunities

- Children developing agency over their service and understanding that they have a voice and this is valued
- Learning about healthy eating and nutrition during discussions over possible foods
- Cooking experiences while making and testing new menu items
- Literacy skills writing and recording information from the review
- Developing an understanding of diverse dietary needs
- Understanding financial aspects of menu planning such as staying within a budget

Potential interactions

- Discuss with children, or take on board their observed preferences, with regard to the current menu
- Ask children about food preferences and what they would like to see on the menu
- Intentionally teach children about healthy eating, nourishment, hydration, allergens etc. as the topics arise
- Have children vote on new meals to see which ones they enjoyed and want added to the menu
- Invite children to write up the menu

Approved Learning Framework Links

Learning Outcomes

1 - Learning about preferences; 2 - Learning to respect others and democracy; 3 - Developing awareness of how to care for body; 4 - Engaging with a range of dispositions and skills through the play; 5 - Engaging with language and literacy

Practices:

Holistic, integrated and interconnected approaches;
Responsiveness to children; Play-based learning an intentionality;
Learning environments

